

How Have You Stayed Connected to God?

God wants us to stay connected to God. So God has provided us the Means of Grace that keep us connected and allow us to grow in our relationship with God. Bishop Ruben Job says these are ways that God helps us to stay in love with God. For John Wesley there were many means of grace, but he stressed particularly those that Jesus had named; Worship, Holy Communion, Study of Scripture, Private and Public Prayer, and Fasting. If we were to translate these into questions for our day and time we might ask the following:

Did you attend Worship?

Did you encourage others?

Did you read your Bible?

Did you pray?

Did you consciously set aside something so you could be with God?

We many times stay connected to God dependent on our feelings. But staying connected to God is like any other relationship and it involves a 24/7 commitment. If you begin to “feel” like God is distant or that you are “not getting something out of worship”, or that “prayer is hard”, you should re-examine the questions above. If you are not committing to these opportunities for God’s grace to help you grow spiritually, you will begin to feel dissonance and disconnection. This feeling of separation is the opportunity for you to re-examine and re-orient your calendar and your lifestyle to include the opportunities for God’s grace in your life.

How willing are you to change your routine and calendar to commit to God. Are you willing to put these means of grace above all other priorities in your life?

Asking these questions may require that you give up something precious or desirable to be with God.